Winter Storm Checklist

Home supplies, safe warmth, and a household plan for snow, ice and outages.

SURVIVALSTOCKUP
survivalstockup.com

PREPARE EARLY. STAY WARM SAFELY. AVOID UNNECESSARY TRAVEL.

Prepare before roads become hazardous. Plan for several days of disruption; build toward two weeks of home supplies where practical. Keep a portable 3-day kit ready if you must leave.

Household / people / pets

Prepared on / forecast check time

01 WATER, FOOD & HEALTH

- ☐ **Store drinking water**
  At least 1 gallon per person per day for 3 days; aim for 2 weeks. Add water for pets and extra needs.
- ☐ **Choose ready-to-eat food**
  Stock familiar shelf-stable meals, snacks, a manual can opener and supplies for dietary needs.
- ☐ **Plan medicine and device needs**
  Arrange refills and first aid supplies. Confirm backup power and storage needs with care providers.
- ☐ **Include personal essentials**
  Pack hygiene items, infant supplies, glasses, pet food and waste bags.

02 LIGHT, POWER & ALERTS

- ☐ **Charge phones and backup power**
  Charge a phone power bank. Test the cable and keep printed contact numbers.
- ☐ **Prepare battery lighting**
  Set out LED lanterns or flashlights, plus matching spare batteries. Avoid candles.
- ☐ **Keep weather updates available**
  Test a battery-powered NOAA weather radio and enable local emergency alerts.
- ☐ **Know where to report outages**
  Save utility contacts. Check on neighbors and anyone who may need help.

03 WARMTH & HOME CHECKS

- ☐ **Gather dry layers and bedding**
  Set aside warm clothing, hats, gloves, socks, blankets and sleeping bags.
- ☐ **Check heat before the storm**
  Arrange service if needed; replenish heating fuel safely before access is limited.
- ☐ **Protect vulnerable plumbing**
  Keep heat steady, close garage doors and follow local advice for exposed pipes and faucets.
- ☐ **Plan another warm place**
  Confirm a friend, shelter or warming center and safe transport before conditions deteriorate.

04 FIRE & CO PREVENTION

- ☐ **Test smoke and CO alarms**
  Check alarms and backup batteries. Use CO alarms installed per manufacturer instructions.
- ☐ **Use space heaters safely**
  Keep 3 feet clear of combustibles. Plug directly into a wall; turn off before sleep or leaving.
- ☐ **Keep combustion equipment out**
  Never use an oven for heat or a grill or camp stove indoors. Never run a generator in a garage.
- ☐ **Check outdoor exhaust vents**
  Keep accessible furnace and dryer vents free of snow when safe. Do not climb onto icy roofs.

During & After the Storm

Stay informed, manage outages, and check conditions before going out.

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05 IF THE POWER GOES OUT

- ☐ **Keep refrigerator doors closed**
  An unopened fridge stays cold about 4 hours; a closed full freezer about 48 hours, half-full 24.
- ☐ **Protect perishable food**
  Use ice and a cooler to keep food at 40°F or below. Discard unsafe food; never taste-test it.
- ☐ **Move to warmth when needed**
  Follow local shelter guidance. Call 911 for suspected hypothermia, confusion or serious symptoms.

06 TRAVEL & OUTDOOR SAFETY

- ☐ **Avoid driving in the storm**
  If travel is essential, check road closures and share your route and expected arrival.
- ☐ **Prepare the vehicle early**
  Keep fuel sufficient or the EV charged. Pack blankets, water, snacks, a scraper, shovel and phone charger.
- ☐ **Take care after snowfall**
  Avoid downed wires and icy surfaces. Take breaks shoveling; stop for chest pain and call 911.

Generator rule: Operate outdoors, more than 20 feet from doors, windows and vents, with exhaust directed away from buildings. Never connect to a wall outlet. If a CO alarm sounds or poisoning is suspected, move everyone to fresh air and call 911.

07 YOUR HOUSEHOLD STORM PLAN

Warm backup location / transport plan

Emergency contact / phone

Power utility / outage phone

Person needing help / assigned helper

Water stored (gallons) / food supply (days)

Next check-in / medicine or device plan

08 USEFUL WINTER STORM SUPPLIES

NOAA weather radio - Amazon
Test reception and your alert settings.

LED lanterns - Amazon
Include matching spare batteries.

Phone power bank - Amazon
Check phone and cable compatibility.

Battery CO alarms - Amazon
Follow placement and replacement instructions.

NWS: winter prep **Red Cross: storms** **CDC: outages** **FDA: food safety**