

Ice Storm Kit Checklist

SURVIVALSTOCKUP

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Prepare before freezing rain arrives. Plan for power loss and blocked roads.

BUILD FOR SEVERAL DAYS. CHECK SUPPLIES BEFORE EACH STORM.

Household / people / pets

Kit location / checked on / next review

01 LIGHT, POWER & ALERTS

☐ Headlamps and LED lanterns

Pack a [headlamp](#) for each person who can use one, plus room lighting. Choose battery lights over candles.

☐ Spare batteries and charging

Match batteries to equipment. Charge [power banks](#) and pack compatible cables and a car charger.

☐ Weather and local news radio

Keep a [battery weather radio](#) with AM/FM reception. Test reception and know your local stations.

☐ Printed contacts and cash

Write utility, emergency and family numbers on paper. Keep small bills, keys and copies of essential documents.

03 FOOD, WATER & HYGIENE

☐ Stored drinking water

Plan at least 1 gallon per person per day for several days, plus pets and extra needs. Use food-safe containers.

☐ No-cook food and can opener

Stock several days of familiar shelf-stable meals. Include a manual opener and infant or special-diet supplies.

☐ Sanitation and cold-food tools

Pack soap, sanitizer, wipes, toilet paper and bags. Keep a cooler, ice packs and appliance thermometers ready.

02 WARMTH & MEDICAL NEEDS

☐ Warm clothing and bedding

Store dry layers, hats, gloves, socks and blankets or sleeping bags suited to expected conditions.

☐ Medicines and first aid

Keep needed medicines, a prescription list, first-aid supplies and glasses. Arrange refills before the storm.

☐ Medical-device backup plan

Confirm compatible backup power and tested runtime with your care team. Plan transport to a powered location.

☐ Smoke and CO alarms

Test alarms and backups. Install [battery CO alarms](#) near sleeping areas; replace units when due.

04 ICE, ACCESS & PET SUPPLIES

☐ Footwear and traction

Keep boots and [traction cleats](#) that fit. Remove cleats on smooth indoor floors; they do not eliminate falls.

☐ Walkway tools

Keep a shovel and traction grit accessible indoors. Choose deicer compatible with surfaces; follow its label.

☐ Pet and dependent supplies

Stock food, medicines, diapers and comfort items. Have carriers, leashes, warm bedding and accessible go-bags.

Before & During the Storm

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Finish preparations early. Avoid unnecessary travel once icing starts.

STAY CLEAR OF DOWNED WIRES, FALLING BRANCHES AND ROOF ICE.

05 BEFORE FREEZING RAIN

- ☐ **Check alerts and road conditions**
Enable local warnings. Complete errands early and postpone travel if conditions are unsafe.
- ☐ **Charge, fuel and stage supplies**
Charge phones and backup batteries. Check vehicle fuel or charge. Put lights, boots and medicines within reach.
- ☐ **Protect pipes and arrange help**
Locate the water shutoff. Follow your freeze plan; arrange check-ins with neighbors or anyone needing assistance.

06 DURING AN OUTAGE

- ☐ **Keep cold-food doors closed**
Record when power failed. Move perishables to a cooler with ice before they lose safe refrigeration.
- ☐ **Avoid electrical and tree hazards**
Treat fallen wires as live. Stay away from wires, damaged trees and anything touching them; report hazards.
- ☐ **Move to warmth before it is urgent**
Use your backup destination if heat or medical power cannot be maintained. Confirm a safe route and transport.

Safe heat and power: Never use a gas oven, charcoal grill or fuel-burning camp stove indoors. Portable generators belong outdoors, more than 20 feet from doors, windows and vents, with exhaust directed away. Never use one in a garage or plug one into a wall outlet. If a CO alarm sounds, get everyone outside and call 911.

07 YOUR ICE STORM PLAN

Utility outage number / local alert source

Check-in person / phone / agreed check-in time

Warm backup destination / phone

Transport / driver / medical power backup

Supplies to buy / task owner / due date

Pipe shutoff / emergency plumber phone

Car kit: Add blankets, dry clothing, water, snacks, a flashlight, first aid, phone charging, an ice scraper, shovel and traction grit. A stocked car is not a reason to drive on unsafe roads.

USEFUL ICE STORM GEAR — AMAZON

[Headlamps](#)

[Battery weather radios](#)

[Traction cleats](#)

[Battery CO alarms](#)

[NWS: winter preparation](#)

[CDC: CO safety](#)

[Ready.gov: emergency kit](#)